



# BATTISTELLO KARATE SCHOOL

Malvern East Ph: 9571 4000

## CLASS TIMES

### MONDAY

4:30 to 5:00	5:00 to 5:30	5:30 to 6:20	6:30 to 7:20	7:30 to 8:20	7:30 to 8:20
<b>Mighty Mite Beginner</b> White to Orange Belt	<b>Mighty Mite Advanced</b> Green Belts & Above	<b>Young Dragon Beginner</b> White to Orange Belt	<b>Adult Advanced</b> Brown & Black Belt	<b>Adult Beginners</b> White to Purple Belt	<b>Adult Strength &amp; Conditioning</b> All Belts

### TUESDAY

4:30 to 5:15	5:15 to 6:20	6:30 to 7:20	7:30 to 8:20
<b>Young Dragon Intermediate</b> Green, Blue & Purple Belt	<b>Young Dragon Advanced</b> Brown & Black Belt	<b>Adult Kata</b> Blue to Black Belt	<b>Adult Weapons &amp; Self Defence</b> All Belts

### WEDNESDAY

4:30 to 5:00	5:00 to 5:30	5:30 to 6:20	6:30 to 7:20	7:30 to 8:20
<b>Mighty Mite Beginner</b> White to Orange Belt	<b>Mighty Mite Advanced</b> Green Belts & Above	<b>Young Dragon Beginner</b> White to Orange Belt	<b>Adult Beginners</b> White to Purple Belt	<b>Adult Advanced</b> Brown & Black Belt

### THURSDAY

4:30 to 5:20	5:30 to 6:20	6:30 to 7:20	7:30 to 8:20	7:30 to 8:20
<b>Young Dragon Intermediate</b> Green, Blue & Purple Belt	<b>Young Dragon Advanced</b> Brown & Black Belt	<b>Adult Advanced</b> Brown & Black Belt	<b>Adult Beginners</b> White to Purple Belt	<b>Adult Strength &amp; Conditioning</b> All Belts

### FRIDAY

4:30 to 5:00	5:00 to 5:30	5:30 to 6:20	5:30 to 6:20	6:30 to 7:20
<b>Mighty Mite Beginner</b> White to Orange Belt	<b>Mighty Mite Advanced</b> Green Belts & Above	<b>Young Dragon Beginner &amp; Intermediate</b> White to Purple Belt	<b>Young Dragon Advanced</b> Brown & Black Belt	<b>Adult Kicking &amp; Stretching</b> All Belts

### SATURDAY

9:00 to 9:30	9:30 to 10:00	10:00 to 10:50	10:00 to 10:50	11:00 to 11:50
<b>Mighty Mite Beginner</b> White to Orange Belt	<b>Mighty Mite Advanced</b> Green Belts & Above	<b>Young Dragon Beginner &amp; Intermediate</b> White to Purple Belt	<b>Young Dragon Advanced</b> Brown & Black Belt	<b>Adult Fundamentals</b> All Belts

### DOJO RULES:

- Bow when entering and leaving the Dojo.
- Parents & siblings are not allowed in the Dojo at any time.
- No food is to be consumed in the waiting area or in the Dojo.
- No jewellery is to be worn during training.
- No chewing gum in class.
- Footwear must be worn to training and ensure feet are clean.
- Remember to take your card out before class.
- Advise instructor before class if you intend to Stripe test.
- All students must have protective equipment when sparring.
- We only offer make up classes due to illness, injury or if the school cancels the class. We run our classes at full capacity and your fees are paying for a place in the class, regardless of whether you attend class or not.
- The Karate School will be closed during the Christmas period for 2 weeks, this time is included in the training calendar and weekly fees will still apply.
- There are no classes on public holidays.
- Mighty Mite age 4 to 7.
- Young Dragon age 8 to 11.
- Adults age 12 +