



Shukokai Karate Kata

Kyu Grade Kata

Taikyoko Shodan
Pinan Shodan
Pinan Nidan
Pinan Sandan
Pinan Yondan
Pinan Godan
Annanko
Bassai-Dai

Shodan-Ho

Seienchin

Shodan

Kosokun Shiho
Matsukaze
Saifa
Jiin
Juroku

Nidan

Chinto
Tensho
Sanchin
Rohai

Sandan

Seipai
Bassai Sho
Seisan
Jion

Yondan

Kururunfa
Shisochin
Sanseiru
Tomari No Bassai

Godan

Suparempa