



BATTISTELLO KARATE SCHOOL

Middle Park Ph: 0419 509 775

CLASS TIMES

MONDAY

4:30 – 5:00 PM	5:00 – 5:45 PM	6:00 – 6:45 PM	7:00 – 8:00 PM
MIGHTY MITES (Ages 4–7yrs)	KIDS 8+ Beginner (White to Yellow)	KIDS 8+ Advanced (Purple & Above)	ADULT CLASS (GENERAL)

TUESDAY

4:30 – 5:00 PM	5:00 – 5:45 PM	6:00 – 6:45 PM	7:00 – 8:00 PM
MIGHTY MITES (Ages 4–7yrs)	KIDS 8+ Beginner (White to Yellow)	KIDS 8+ Intermediate & Advanced (Orange & Above) (SPARRING)	ADULT CLASS (GENERAL)

WEDNESDAY

4:30 – 5:00 PM	5:00 – 5:45 PM	6:00 – 6:45 PM	7:00 – 8:00 PM
MIGHTY MITES (Ages 4–7yrs)	KIDS 8+ Beginner (White to Yellow)	KIDS 8+ Intermediate (Orange to Blue)	ADULT CLASS (SPARRING)

THURSDAY

4:30 – 5:00 PM	5:00 – 5:30 PM	5:30 – 6:10 PM	6:20 – 7:00 PM	7:00 – 8:00 PM
MIGHTY MITES (Ages 4–7yrs)	KIDS 8+ Beginner (White to Yellow) (KATA)	KIDS 8+ Intermediate (Orange to Blue) (KATA)	KIDS 8+ Advanced (Purple & Above) (KATA)	ADULT CLASS (KATA)

SATURDAY

9:00 – 9:30 AM	9:30 – 10:00 AM	10:00 – 10:40AM	10:50 – 11:30AM	11:30 – 12:30PM
MIGHTY MITES (Ages 4–7yrs)	KIDS 8+ Beginner (White to Yellow)	KIDS 8+ Intermediate (Orange to Blue)	KIDS 8+ Advanced (Purple & Above)	ADULT CLASS (GENERAL)

PLEASE NOTE: Mighty Mite students training in the KIDS 8+ (Young Dragons) class to train in the KIDS 8+ Beginner Class.

DOJO RULES:

- All students must bow when entering or exiting the tatami.
- NO footwear to be worn on the tatami by any person at any time. Bare feet only.
- NO food to be consumed on the tatami or in class.
- NO chewing-gum in class.
- NO jewelry to be worn during class.
- Students must have clean feet and hands when attending class.
- Fingers and toenails must be kept neat and short when attending class.
- Uniforms and sparring equipment must be washed regularly.
- All students must have and be wearing the correct protective equipment when sparring.
- There are no classes on public holidays.
- Any student/person sustaining an injury or cut/bleeding on the tatami must leave the mat immediately and seek an instructor for assessment.
- Any pre-existing cut or injury must be appropriately bandaged, strapped up or covered with a Band-Aid or the like when attending class.
- All students must make an effort to be on time to class.
- All make up class must be discussed prior and booked with sensei Luke